



STUDENT CREED

"I will develop myself in a positive manner and avoid anything that would reduce my mental growth or physical health."

"I will develop self discipline in order to bring out the best in myself and others."

" I will use common sense before self defense and never be abusive or offensive."

"This is a Black Belt School, we are motivated, we are on a quest to be our best."

"Winners never quit, quitters never win."

" I choose to Win!"