



CHOP TALK

HONOR

BENEVOLENCE

COURAGE



MARCH'S
BLACK BELT
QUALITY IS:
FOCUS

St. Patrick's Day Fun!



As you all know, St. Patrick's Day is March 17th, and it's a great chance for all to wear their lucky green. MAI Students will celebrate the day by wearing something green in the dojo on **Mon. & Tues., March 17th/18th**. The Leprechauns say that the end of the rainbow will be in the Anaheim dojo area on these days!

Annual Mini-Tournament



You can do it! Come and shine bright at our first Dojo Tournament of 2025. Not only will you be able to show us how well you've progressed since the last tournament but there are Trophies and / or Awards for participants for your hard work. Sign up on or before March 13th to receive your discount.

ALL Students Should Plan to Compete!!!

Every family who has an MAI WINDOW DECAL OR MAGNET on their car receives one free entry into our RAFFLE. We are giving away great prizes like T-shirts, private lessons, etc.



For Parents & Students of our Black Belt Elite Program (Purple / White belts and above)

BE SENSEI MANOS' SPECIAL GUEST
FOR A
PIZZA SOCIAL AFTER THE TOURNAMENT

SATURDAY, MARCH 15TH
APPROXIMATELY 2:00 PM – 3:00 P.M.
ZITO'S PIZZA—ANAHEIM HILLS
(VONS CENTER—IMPERIAL/SANTA ANA CANYON)

VIP VIP SPONSORSHIP

Coming in April Win great
prizes!
Details to follow

What: Mini Tournament
Where: MAI—Lakeview Dojo
When: Saturday, March 15th



THE TRUE MARTIAL ARTIST

A common stereotype of martial arts is of the rugged, macho type with a swaggering gait. But a display of bravado is evidence of ignorance concerning real martial arts and is, in fact, a childish attempt to conceal a lack of confidence. Those having true knowledge of martial arts are relaxed in bearing: they even give the impression of being soft and gentle. Those with confidence in martial arts never swagger or brag, and their demeanor is always pleasant and joyful. Outwardly they manifest gentleness; inwardly there is great strength. In daily life they are unpretentious and modest, and their actions are natural, never forced. They show themselves as they are, living a life naturally and spontaneously. *This is the picture of the true student of the martial arts.*

Participate in March Events and Earn "MAI Rewards"

There's a lot of fun things happening this month and students can earn points for the events that most already attend (like our **Mini-Tournaments**). Participate and earn your chance to win some great prizes at the end of the year. Here's how it works...every time you attend one of the "reward" events, you earn points that will accumulate throughout the year. We will keep track of the points and post the leader board in the dojo after each qualifying event takes place. To keep it fair for new students that join later in the year, we will do an average of the points and the events entered for everyone with an emphasis on those that make the most events. The winner(s) and prize(s) will be announced at the belt graduation ceremony in October.

March 2025 MAIMEMBERS.COM

	Mon	Tue	Wed	Thu	Fri	Sat
						1 Regular Classes FREE Tutoring @ 10:30
2	3 Tournament Kata Practice	4 Tournament Kata Practice	5 Tournament Kata Practice	6 Tournament Kata Practice	7 Open for Private Lessons Only	8 Regular Classes FREE Tutoring @ 10:30
9	10 <u>REQUIREMENTS</u> BBE: Kama	11 <u>REQUIREMENTS</u> BBE: Kama	12 Tournament Sparring Practice	13 Tournament Sparring Practice	14 Open for Private Lessons Only	15 Mini-Tournament Family Party at Zito's Pizza
	Black Belt Skills Sheet Distributed					
16	17 Katas & Conditioning BBE: Kama	18 Katas & Conditioning BBE: Kama	19 Grappling and Sparring	20 Grappling and Sparring	21 Open for Private Lessons Only	22 Bar Testing Regular Classes FREE Tutoring @ 10:30
23	24 Bar Testing	25 Bar Testing	26 Bar Testing	27 Bar Testing	28 Open for Private Lessons Only	29 Regular Classes FREE Tutoring @ 10:30
			Black Belt Skills Sheets Due			
30	31 Katas & Conditioning					

	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday
Times	Class 1	Class 2	Class 1	Class 2	Class 1	Class 2	Class 1	Class 2		Class 1
4:30	4:30 - 5:00 Little Dragons				4:30 - 5:00 Little Dragons					
4:45			4:45 - 5:15 Little Dragons	4:45 - 5:30 White & Orange Belts	4:45 - 5:15 Little Dragons	4:45 - 5:30 White & Orange Belts	4:45 - 5:15 Little Dragons	4:45 - 5:30 White & Orange Belts		9:00-9:45
5:00	5:00 - 5:45 Green & Blue Belts	5:00 - 5:45 White & Orange Belts			5:00 - 5:45 Green & Blue Belts	5:00 - 5:45 White & Orange Belts				Green, Blue, & Brown Belts
5:15										
5:30			5:30 - 6:15 Brown Belts	5:30 - 6:15 Purple Belts	5:30 - 6:15 Brown Belts	5:30 - 6:15 Purple Belts	5:30 - 6:15 Brown Belts	5:30 - 6:15 Purple Belts		9:45-10:30
5:45	5:45 - 6:30 Brown Belts	5:45 - 6:30 Purple Belts			5:45 - 6:30 Brown Belts	5:45 - 6:30 Purple Belts				White, Orange, & Purple Belts
6:00										
6:15			6:15 - 7:00 Green & Blue Belts	6:15-6:45 Little Dragons	6:15 - 7:00 Green & Blue Belts	6:15-6:45 Little Dragons	6:15 - 7:00 Green & Blue Belts	6:15-6:45 Little Dragons	6:15-7:00 White & Orange Belts	
6:30	6:30 - 7:15 Green & Blue Belts	6:30-7:00 Little Dragons	6:30-7:15 White & Orange Belts		6:30 - 7:15 Green & Blue Belts	6:30-7:00 Little Dragons	6:30-7:15 White & Orange Belts			10:30-?
6:45										
7:00			7:00 - 7:45 Adult Class				7:00 - 7:45 Adult Class			Open Mat
7:15										
7:30										
7:45			7:45 - 8:30 Black Belts				7:45 - 8:30 Black Belts			
8:00										
8:15										

Please contact the dojo if you would like to schedule a private lesson.