

DECEMBER 2025

Martial Arts International



A Moment of Gratitude

As we approach the end of the year it is important to look back on all of the great success we had over the last twelve months. It is an honor for us to carry on this 39 year legacy of our dojo. This has been a great year for MAI and we want to say "Thank You" to all of you who have contributed to our success. So many of the events that have taken place could not have happened if we didn't have the help of you: our training families.

We have really appreciated all of you who have volunteered at events that would have been a lot to handle by ourselves. Of course, we would also like to extend our thanks to all of our members for their patronage. Thank you for your continued efforts to help our training family grow. May you all be blessed with the warmth of the holidays and have a wonderful New Year! Here is to an amazing 2026!

Season's Greetings from Sensei Butler, Sensei Quon and Staff

Upcoming Events

Backwards Day Dec. 13th

Yellow Stripe Testing: Dec. 15th-23rd

Winter Break: Dec. 24-Jan. 3

Backwards Day

Time for a little wacky fun in class. Saturday December 13th is our annual backwards day in class! Wear your hair, gi, belt, etc. BACKWARDS and get ready to approach class with a whole new point of view!











Happy Holidays

To celebrate the holidays, we will be closed from Wednesday December 24th through Saturday January 3rd. We will reopen Monday January 5th so you can work off all of the holiday goodies you feasted on!

"The Purpose of martial arts is not fighting, but building a better character" -Morihei Ueshiba

December's Black Belt Quality:
POWER

Power is not about muscular force, it's about the efficient release of energy through proper technique, timing and spirit.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  BBE: Nunchaku	2  BBE: Nunchaku	3 BBE: Kumite 	4 BBE: Kumite 	5 OPEN FOR PRIVATE LESSONS ONLY	6 Review
7	8  BBE: Nunchaku	9  BBE: Nunchaku	10 BBE: Kumite 	11 BBE: Kumite 	12 OPEN FOR PRIVATE LESSONS ONLY	13 
14	15 BAR TESTING	16 BAR TESTING	17 BAR TESTING	18 BAR TESTING	19 OPEN FOR PRIVATE LESSONS ONLY	20 BAR TESTING
21	22 BAR TESTING	23 BAR TESTING	24 DOJO CLOSED	25 	26 DOJO CLOSED	27 DOJO CLOSED
28	29 DOJO CLOSED	30 DOJO CLOSED	31 DOJO CLOSED			

Class Schedule

Monday	Tuesday	Wednesday	Thursday	Saturday
4:30 pm Little Dragons	4:45 pm Little Dragons White/Orange Belts	4:30 pm Little Dragons	4:45 pm Little Dragons White/Orange Belts	9:00 am Green/Blue Belts
5:00 pm White/Orange Belts Green/Blue Belts	5:30 pm Purple Belts Brown Belts	5:00 pm White/Orange Belts Green/Blue Belts	5:30 pm Purple Belts Brown Belts	9:45 am White/Orange Belts Purple Belts
5:45 pm Purple Belts Brown Belts	6:15 pm Little Dragons White/Orange Belts Green/Blue Belts	5:45 pm Purple Belts Brown Belts	6:15 pm Little Dragons White/Orange Belts Green/Blue Belts	10:30 am Open Mat
6:30 pm Little Dragons White/Orange Belts Green/Blue Belts	7:00 pm Adults	6:30 pm Little Dragons White/Orange Belts Green/Blue Belts	7:00 pm Adults	
	7:45 pm Black Belts		7:45 pm Black Belts	